



My Aged Care

To find out how you can access the right aged care services for your needs:

- visit the My Aged Care website at www.myagedcare.gov.au
- call the My Aged Care contact Centre on **1800 200 422**

Blue Haven Care support at home

At BHC, we understand that you want to remain independent. That is why the BHC In-home Support team is dedicated to helping you live independently in your home for longer.

The CHSP is designed for entry-level support at home. Ongoing or short-term care and support services through the CHSP including help with housework, personal care, meals and food preparation, transport, shopping, social support and planned respite (giving your carer a break).



For more information

- ☎ (02) 4203 4055
- ✉ enquiries@bluehavencare.com.au

Joyce Wheatley Community Centre
Hindmarsh Park, Collins Street,
Kiama NSW 2533

www.bluehavencare.com.au



**NEW
NUMBER**
(02) 4203 4055

Commonwealth Home Support Program Services (CHSP)

We listen, because your story matters to us.

☎ (02) 4203 4055

www.bluehavencare.com.au



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What is the CHSP?

- + The Commonwealth Home Support Program (CHSP) provides a range of entry-level aged care services for older people who need assistance to keep living independently at home and in the community.

If you are generally able to manage but just need some help with daily tasks to continue living at home, CHSP services may be right for you.

These services are available for persons 65 years and over (50 years and over for Aboriginal and Torres Strait Islander people).

What types of services do BHC provide?

- + PERSONAL CARE
- + MEAL SUPPORT
- + SHOPPING
- + DOMESTIC / LAUNDRY
- + GARDENING / LAWNS
- + TRANSPORT
- + RESPITE
- + SOCIAL SUPPORT / OUTINGS
- + COMPANIONSHIP
- + COMMUNITY INVOLVEMENT
- + HOME MODIFICATIONS

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How do I access CHSP services?

- + **STEP 1: Call My Aged Care**
You will first need to contact My Aged Care by calling 1800 200 422 or visiting the website www.myagedcare.com.au
- + **STEP 2: Have a home support assessment**
My Aged Care will refer you for a home support assessment, a Regional Assessment Service (RAS) assessor will contact you to arrange a face-to-face assessment in your home.
- + **STEP 3: Agree on a home support program**
The RAS assessor will work with you to develop a personalised home support plan.
- + **STEP 4: Select BHC as your service provider**
Ask your RAS assessor to give you a 'referral code' to BHC. This allows us to view your client record, accept the referral and start organising services with you, should you choose to accept our services.
- + **STEP 5: Manage your services**
BHC will work with you to help achieve your goals and help improve your quality of life.



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